

WHAT IS CLAIMED IS:

- 1    1. A combination snowboard, binding and mount comprising:
  - 2        a. a snowboard having a center-line wherein said
  - 3        snowboard has a channel longitudinally extending along
  - 4        said center-line;
  - 5        b. a rail disposed in said channel and fixedly
  - 6        coupled thereto wherein said rail is a flexible member
  - 7        and has a key-slot and two series of parallel notches;
  - 8        c. a binding base plate disposed on said snowboard;
  - 9        d. a disc being rotatably coupled to said binding base
  - 10      plate; and
  - 11      e. a locking mechanism securely coupling said rail to
  - 12      said disc.